

Travel checklist – essentials to take with you

When you're caught up in the excitement of a holiday, it's easy to forget some of the items you would probably need the most!

It happens to all of us but to make things easier, here is our checklist of ten absolute essentials to pack:

1. *Passports and Tickets*

This might seem like an obvious one but it's also one of the most important! This is your ticket out of the bleak British weather, you don't want to get to the airport and realise you won't be going anywhere!

2. *Plug Adapter*

How many times have you reached your beautiful destination, only to find out that you won't be able to take any pictures or keep in touch with friends and family, simply because you can't plug anything in? Do some research prior to your trip and be sure to take the right adapter with you.

3. *Medication*

If you take prescribed medication, be sure to stock up before you travel. Making the assumption that your medicine is available in every country could prove risky. Packing a few remedies if you are prone to travel sickness would also be a good idea! Or go that step further and take a small first aid kit!

4. *Sun Protection, Insect Repellent and Antibacterial Wipes*

These items speak for themselves! Depending on your destination, sun protection and insect repellent will become a part of your daily routine. You are exposed to thousands of germs while travelling and if you can't wash your hands, you can prevent illness with these wipes. Don't let your holiday be ruined because you forgot to pack the right type of protection!

5. *Camera*

While on holiday, you'll want to document all the memories you make along the way. Don't leave your trusted camera at home!

6. *Sunglasses*

Again, this might seem like an obvious one but while packing clothes, toiletries and the other essentials mentioned on this list, it can be easy to forget about sunglasses.

7. *Toothbrush and Toothpaste*

Although a toothbrush is probably available in every corner of the world, is that the first thing you want to buy when you land? Packing your toothbrush means you can freshen up at any time.

8. *Jumper*

Us Brits should know better than anyone that the weather can be highly unpredictable. You might be going to a hot destination but packing even a single jumper can come in handy when the temperature drops, especially in the evening.

9. *Book*

And finally, don't forget to take a book (or your Kindle)! Whether you're lazing by a pool or waiting for a flight, a good book is a staple item for any holiday.

10. *Travel Insurance Documents*

You might have thought ahead and gotten your travel insurance sorted, but forgetting the documents at home will be no help. And if you haven't got travel insurance yet, be sure to get a quote with Discount Insurance – call 0800 294 4522!

Take the stress out of packing by using our list to ensure you don't forget anything before you travel!

